



Massage Services

Medical Therapeutic Massage

A massage that is outcome based with a multi-disciplinary approach for clients who want to improve daily living, sports performance, or who are experiencing an acute or chronic condition. Please speak with your therapist to discuss technique recommendations that best suits your treatment.

60 minutes \$95
90 minutes \$135

Cupping Massage

A full-body massage therapy technique in which suction is created on the skin with the application of cups. The cups lift the tissue allowing the therapist to get 8 layers deep versus 4 layers with traditional hand techniques alone. Cupping can be an effective treatment for both acute and chronic pain conditions, sore muscles, spasms, improving immune function and healing, as well as sports related injuries.

60 minutes \$130
90 minutes \$160

Warm Bamboo Massage

A highly specialized therapeutic massage that integrates warmed, smooth bamboo canes of various sizes utilizing several kneading, rolling and pressing techniques on the body. The warmth of the bamboo eliminates tension while allowing for enhanced relaxation. The therapist is able to get deeper into the tissue which helps relieve pain, improve circulation, promote whole body relaxation, plus healing and recovery to achieve better and longer lasting results.

60 minutes \$140
90 minutes \$170

Add-on 20 minutes Foot Massage, \$25
Add-on 20 minutes Cupping Massage, \$25

*Tips are greatly appreciated and are not including in the pricing.
Prices are subject to change without notice.*



**Save today with
massage packages!**

Buy 3 and Save 10%*
Buy 6 and Save 15%*

*Discount applies to all types of massages
excluding the add-ons

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